

## **Notes on a 'Health and Wellbeing' Meeting held on 16th November 2009**

**1) Delayed notes of the previous meeting (12th October) were considered and agreed as a correct record.**

2) Synergia Initiative. Alan Cunningham presented an expanded version of the paper describing the scope of the Initiative and describing its constituent parts.

3) Proposed Business Plan for Transition Liverpool. Margaret Smith reported that a draft business plan under preparation and that the draft would be made available to the group for consideration. Dinah Dossor suggested that there was a case for the preparation of a mission statement and statement of aims for the Health and Wellbeing Group. There was general agreement to this. There was also agreement that food strategies should play an important part in any consideration of Transition and Health and Wellbeing.

4) The meeting was notified of the forthcoming workshop in Chester; 'The Work that Reconnects', unfortunately this was the day after the London demonstration 'the Wave', this presented a difficulty for some people.

5) Earthcast on Climate Change and Health. The Group had received notification of this from Pete North. Neil Chadborn reported that he had viewed the Earthcast, which was well worth seeing and still available in archive form. It was noted that the Earthcast might form the basis of a future presentation to a wider Transition Liverpool Meeting.

6) The Health Practitioners Guide to Climate Change (Earthscan Publications) The recent Earthcast was a follow -on to this book, which seemed to be well recommended. The group agreed to consider the Guide at a future meeting.

7) Internet Interview with Bruce Lipton. Alan Cunningham reported that he had received a communication from Jake Barnes about this interview. Alan had viewed the interview and found it extremely interesting, he recommended it to other people in the group.  
[http://www.consciousmedianetwork.com/members/blipton.htm\\*](http://www.consciousmedianetwork.com/members/blipton.htm)

8) The group noted the recent discussion within Transition Liverpool of a controversial health advertisement, the discussion seemed to indicate that there was scope to expand interest in Health and Wellbeing issues within Transition Liverpool.

9) St. Michaels RC. Parish. Rev. Arthur Fitzgerald reported that work had commenced to grow vegetables in the garden to the rear of the church.

10) Next Meeting; Wednesday 9th December at 7.0pm at FACT

Notes prepared by Alan Cunningham. (23.11.09)