

Health & Wellbeing Group –Notes of the Meeting of 9th May 2011

- 1) The **notes of the Meeting of 11 th April 2011** were confirmed and there were no matters arising.
- 2) **Aims & Mission Statement of Group** – A revised statement of the Aims & Mission Statement of the Group had recently been agreed. Some further minor changes were made and Group References were included
- 3) **Group Name.** The Group was renamed the Wellbeing Group although it's aims and mission statement remained the same. Members felt that people felt more able to work for wellbeing whereas health was sometimes felt to be out of reach or just down to luck
- 4) **Healthy Cities Community Interest Company** The Internet Site for the Healthy Cities Community Interest Company was close to completion. The Company was developing several projects in the Fairfield/Everton Area, these designed to empower communities and make them aware of the underlying Determinants of Health they were also working in the Wigan Area to develop a Health Literacy Project
- 5) **EcoHealth /Garston Health** Work was progressing on the Garston Open Spaces Project
- 6) **Proposed Directory of Resources** Alan Cunningham mentioned that he had written to Jonathon Jelfs mentioning that the bibliography in Alan's Internet site was available for the proposed Directory of Resources
- 7) **Heart & Soul Spirituality Issues** Several Resource items were discussed including some material on Depression and extracts from a Celtic Irish Grassroots Group which provided a possible template organisational structure for linking Heart and Soul Work with a local agenda for change and transformation
- 8) **Synerga Initiative** – (Local & Community Resources' & Profiling) Alan Cunningham mentioned that the Government Office for National Statistics published a report for each Lower Level Super Output Area (small census areas each with a population of about 1500 hundred people). These reports included a built in local map and could be adopted for local monitoring for instance on local allotment availability. Neil Chadborn mentioned that West Kirby had done substantial work on allotment availability.
- 9) **National Transition Conference in Liverpool in July** – Neil Chadborn reported that he had written again to suggest the need for a Health Workshop at the Conference. The Group agreed that a Wellbeing Leaflet was desirable
- 10) **Group Internet Sites** – It was agreed that there was a need for mechanisms for Feedback & Quality Control
- 11) **Meeting with Community Development Worker on Community Mapping** This had still not taken place It was agreed that Alan Cunningham would contact the worker again.
- 12) Other Business. Richard Fassam mentioned that the Library Service provided a local publicity service for local community groups.
- 13) Date of Next Meeting 13th June 2011 at 6.pm at Dr. Duncans