

Liverpool in Transition – Wellbeing Group – Notes of the Meeting of 13 th June 2011

- 1) Welcome and Introductions. The Meeting welcomed Liz. Miller, who was working to develop a local research project into social capital issues,
- 2) National Transition Conference 8th – 11th July 2011 issues arising
 - a) Presentations , the Conference Organisers had requested a presentation on health, but it was not quite clear what they wanted. It was agreed that Neil Chadborn would offer a health walk, or a general presentation on health. Alan Cunningham would provide a presentation on the Aims and Mission Statement of the Group.
 - b) The Group were aware of the availability of the book “The Pool of Life – A Liverpool Health Walk” by Professor John Ashton and Maggi Morris.
 - c) Alan Cunningham would check on the practicability of getting a leaflet on health available for the Conference.
- 3) Notes of the Meeting of 9th May 2011. These were agreed as a correct record and there were no matters arising
- 4) Rights and Humanity – A project to tackle health inequalities and strengthen communities in three Liverpool wards. The Group agreed to monitor and review the project with regard to possibly getting involved. Richard Fassam would attend the introductory meeting on 21st June 2011.
- 5) House of Commons Study of Regeneration Work in the North West. It was agreed that the Group would check on the availability of Public Health students to research a presentation to the House of Commons Committee.
- 6) Healthy Cities Community Interest Company. Work was –proceeding on the Internet Site for the CIC and it would be available shortly.
- 7) EcoHealth/Garston Health Issues. Work was proceeding on several projects under this heading.
- 8) Synerga Initiative –Community Profiling and Resources for Healthy and Sustainable Living. Alan Cunningham reported that he was close to preparing a Parliamentary Constituency based set of Reports to support existing Reports at Super Output Area and Ward level. These could support Parliamentary Accountability for sustainable living and health.
- 9) Heart & Soul, Spirituality Issues. The Group has been working to build up a set of resources and sources. The Group noted the work of Joanna Macy and of the Relationships Foundation, www.relationshipsfoundation.org . The Foundation Studies and promotes the benefits of healthy *relationships*, and examines how *relationships* are affected by culture and policy. Also of Action for Happiness, which had suggested 10 keys to happier living.:<http://www.actionforhappiness.org/10-keys-to-happier-living>
- 10) Duncan Society. Next Meeting: **Date: Wednesday 6th July 2011**

Title: Health work in refugee and relief situations **Speakers:** **Lars Stuewe**, Medical Officer, Acting Head of Mission for the Orthodox Church in Haiti. **Susan Kimani**, is a doctor from Kenya and has been working on women's health issues in refugee camps. **Venue:** Toxteth T.V. 37-45 Windsor St, Liverpool, L8 1XE

- 11) Health Literacy Group. The work of this Group was noted <http://www.healthliteracy.org.uk/>
The Group is committed to raising the profile of Health Literacy as a remediable cause of Health Inequalities in England, and to developing and undertaking research to achieve that. We are keen to link with others with an interest in the area, both within the UK and abroad.
- 12) Next Meeting. There would be no meetings in July or August because of holidays and the National Conference and the date of the September meeting would be decided later.