

Liverpool in Transition – Wellbeing Group – Notes of the Meeting of 3rd October 2011

- 1) Welcome, Alan Cunningham began the meeting by suggesting a revised format for this and future meetings. The main purpose would be to agree and to implement practical steps to take forward the work of the Group, starting on this occasion with Jon Jelf's recent presentation on Exploring Inner Transition (Transition Cafe 11-8-2011). This part of the Meeting would commence at 6.30 however there would be a short reporting section with reports on Wellbeing issues from individuals and groups at [6 pm](#). Anyone wishing just to take part in the main discussion could arrive at 6.30pm. Later in the year the Group would produce a Transition - Wellbeing Guide however the Group was available to consider any issues raised for action by members
- 2) Apologies: from Neil Chadburn, Jon Jelfs and Theresa Williamson
- 3) Reports: Alan Cunningham;

'St, Michaels and Sacred Heart Catholic Parish, which I attend, have now established an Eco-Parish Group and I am a member of the Group. This formation follows an initiative by the Catholic Justice and Peace Commission which is working with elements within the Anglican Diocese to develop a model of improved energy use within parish buildings. The Group is mainly concerned with energy but is sympathetic to other aspects of Transition Work. I have assured the Group that it is likely to receive support from the various Transition Groups and from the Healthy Cities Social Enterprise Group. In the light of the above It is worth me starting to write a Transition Wellbeing Guide from my earlier notes as I can argue that sections of this should be included in the Parish Bulletin. Such work is likely to be welcomed by Merseyside Friends Of the Earth and by Merseyside Church Action on Poverty. I will be bringing sections of this work to the Group for consideration.

I have now carried out a full analysis of Liverpool Multiple Deprivation Indicators by Parliamentary Constituency (including Environmental Indicators). This is mainly for Church Action on Poverty, but it does give our Group a unique insight into local Health and Environmental Deprivation and it allows for comparison of Liverpool with other healthy cities including Manchester and Brighton.

Neil Chadburn.

Alan Cunningham had spoken to Neil on the telephone Neil was putting together a proposal to study local transport initiatives; he was hoping to obtain funding and would report to a future meeting. Neil reported that the national Healthy Cities Network had been reactivated and that there was a possibility of community engagement

Richard Fassam

Richard reported that the Healthy Cities Community Interest Company website was now active and that there were several ongoing projects including a Somali Youth Project and a lecture on local public health issues. Friends of the Earth (Liverpool) was arranging for a visiting speaker from the Eden Project. Richard also reported that Friends of Renshaw Street were developing a plot of formerly waste land

- 1) Jon Jelfs

The Group was not on this occasion able to consider Jon Jelfs Initiative as he had been forced to cancel for family reasons

Next Meeting

Monday 7th November at Dr. Duncans 6.0 pm